



# FEAR NO EVIL - THE VICIOUS CYCLE OF THE SOUL

**"All our suffering is the result of believing that we are who we think we are." – Nisargadatta**

Join us for an insightful and transformative workshop where you will embark on a journey to heal and grow, discovering the spiritual meaning of life and breaking free from the cycle of suffering.

Inspired by Eva Pierrakos' book 'Fear No Evil' and the Core Energetic/Pathwork Philosophy, this workshop explores the profound connection between energy, consciousness, and the human experience. This transformative workshop invites you to explore how personal and spiritual development are intertwined.

- Learn to bridge the gap between soul and body in a non-dual spiritual experience.
- Discover the interplay of energy and consciousness.
- Understand how personal and spiritual development are connected.
- Uncover the destructive patterns that hold you back.

## **The Concept of Energy and Consciousness**

In Core Energetics, we believe that the level of energy is equal to the level of consciousness. At the center of our being lies the Unity or Source — where contraction and expansion occur simultaneously. This is the place of non-duality, the origin of our being before reincarnation.

## **The Struggle Between Soul and Human Experience**

Our soul comes from a place of Oneness. Our biggest struggle in life is also our biggest longing: to be in connection and in Unity. But what holds us back from this connection? The human experience — shaped by childhood experiences, protective patterns, shame, guilt, and the constant push and pull between pain and pleasure. This human experience creates an inner conflict. We long to fly, but our body is bound by gravity. How can we bridge this gap and experience our spiritual essence in a world of duality?

## **The Cycle of Destructive Patterns**

Our soul's journey is reflected in the cycle of destructive patterns we create throughout life. From childhood, we learn to protect ourselves from pain, often building self-idealized images and belief systems to get love and acceptance. However, these patterns limit our potential and trap us in cycles of transference — repeatedly recreating childhood hurts.

## **The Body as the Key**

The key to breaking these cycles lies in working with the body because origin of our beliefs is rooted in the body, not just the mind. Cognitive methods alone are incomplete. In this workshop, we will explore how integrating the body's wisdom can help you reconnect with your spiritual essence, heal inner conflicts, and transcend duality.

**When:** November 14th-16th, 2025 (Friday 16:00 – 20:00 / Saturday & Sunday: 10:00 – 18:00)

**Location:** Dr. Schmida Institut, Lehargasse 1, 1060 Vienna, Austria

**Fee:** Early Bird (until September 30th): 400€ / Standard (after October 1st): 450 €

**Cancellation Fee:** 20 days prior: 50% / 10 days prior: 100%



## **Your Hosts Daniela Zambrana and Gyasi Bramos Hantman**

Daniela and Gyasi are experienced Core Energetics Therapists and teachers who are passionate about combining Core Energetics with altered states of consciousness and inspiring and empowering individuals on their journey toward personal growth and self-discovery.

## **For Core Energetics Professional Training Students:**

Completion of this workshop counts as 5 hours toward your professional training requirement.

FOR MORE DETAILS AND TO REGISTER, PLEASE CONTACT [INFO@DANIELAZAMBRANA.COM](mailto:INFO@DANIELAZAMBRANA.COM)